

Do you wish to join or assist The Glens Red Squirrel Group?

Please complete the form below and return this slip to our Secretary.

Visit www.glensredsquirrelgroup.com

Name: _____

Address: _____

Telephone: _____

E-mail: _____

Membership Fee. £5.00

Membership Secretary
Nuala Connolly
Glenville
Layde Road, Cushendall
BT44 0NN

Feeding Red Squirrels

One positive way of helping the Red Squirrel is by setting up “Feeding Stations”

It is most important to provide a variety of food for Squirrels. A constant diet of Peanuts can cause severe complications for the Red Squirrel in the long term and although they may often be seen raiding bird feeders, peanuts are not good for them in excess.

A mix of Grain, Hazelnuts, Sunflower Seeds etc. provides a good balanced diet and a piece of carrot or cuttlefish bone will give them the additional Calcium they need (especially Females)

There are different types of feeders; some designed for areas where there are Red Squirrel only. Other feeders which restrict access by either size or weight are used where there are Grey Squirrels in the locality.

It is important that Feeders are kept clean and changed regularly. For advice please contact our website or any Group member.



Charity No. XT30683

The Glens Red Squirrel Trails

The Glens Red Squirrel Group in association with the Causeway Coast and Glens Heritage Trust has developed a number of mapped Trails that the public can visit to view Red squirrels in their natural habitat.

Ballycastle Forest is located in the Antrim Coast & Glens Area of Outstanding Natural Beauty. AONBs are designated landscapes of national importance. The designation aims to protect and enhance landscape quality for those who live there and for those who come to enjoy it.

This trail starts at the bottom of Fairhill Street Ballycastle. It follows the old railway line to the bottom of the forest. There is mixed woodland at this point with plenty of songbirds to see and hear.

As you ascend into the coniferous forest there is a feeding site on the left at the first bend of the track. Other feeders are placed along the route. At the top of the track turn left and then 400m on turn left again through the work yard and down the steep track to the start point.



CAUSEWAY COAST & GLENS
HERITAGE TRUST